

# Fredrik Ringquist

Partner, Advokat, Stockholm



## CONTACT

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Fredrik Ringquist is a partner in Mannheimer Swartling's Dispute Resolution practice group focusing on complex international disputes and cross-border investigations. Fredrik, who has 20 years' experience of the region and is fluent in Russian, has special expertise in disputes and investigations involving parties from or otherwise concerning Eastern Europe and Central Asia. He has acted in approximately 100 arbitrations and court proceedings, many of which have concerned CIS-related commerce. In Who's Who Legal (2021), Fredrik is described as "one of best CIS lawyers on the market, truly one of a kind." In addition to counsel assignments, he regularly sits as arbitrator in international arbitrations. Fredrik is a frequent speaker at conferences and seminars, and is co-founder of the annual Swedish Law Day in Russia.

## EXPERIENCE

- Partner, Mannheimer Swartling, 2019-
- Local Partner, Mannheimer Swartling, 2016-2018
- Associate, Mannheimer Swartling, 2005-2015
- District Court Service, Stockholm District Court, 2007-2008

## EDUCATION

- Arbitrator Training Programme of the Swedish Arbitration Association, 2016-2017
- LL.M. (Lund University, 2006)
- Moscow State University, Faculty of Philology, 1999
- Swedish Army SIGINT School, 1998-1999

## MEMBERSHIPS

- Swedish Bar Association, 2014
- International Bar Association
- Advisory Board of The Guide to Next Generation of Russian Arbitrators
- Steering Committee of annual Swedish Law Day in Russia
- Steering Committee of annual ABA Moscow Disputes Conference
- Swedish Arbitration Association
- Russian Arbitration Association
- Former Arbitration Court of the Association of European

## Businesses in Russia

### LANGUAGES

- Swedish
- English
- Russian

### PUBLICATIONS

- "Guide till kommersiell tvistlösning", 3rd ed. (co-author), Iustus, 2021
- "Concise Guide to Arbitration in Sweden" (co-author), 2nd edition, Mannheimer Swartling, 2019
- "Arbitration in Russia in tough economic times – Is it still an option for European suppliers?" (co-authored with Alexander Foerster), Dispute Resolution – Das Online-Magazin, June 2018 issue
- "In Moscow's Shadow" (co-authored with Fredrik Svensson), CDR Magazine, September-October 2014 issue
- "A Crimean Conundrum" (co-authored with Kristoffer Löf), Corporate Disputes Magazine, July-September 2014 issue

### AWARDS

- Who's Who Legal Arbitration: Future Leaders – Partners, 2018-2021
- The Legal 500 2015 (Russia), recommended for Dispute Resolution. According to clients, Fredrik Ringquist is recommended for his "depth of knowledge and sensible advice".
- The Legal 500 2014 (Russia), ranked in Dispute Resolution. According to clients, Fredrik Ringquist "excels in his presentation skills".
- Vingestipendiet, 2005

### GROUPS AND INDUSTRIES

- Dispute Resolution